

ALPINE WELLNESS

Feel the Alpine force of nature.

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ŠPIK
ALPINE RESORT
hit universe of fun

www.hotelspik.com
www.hit.si | f

Beauty Centre

The centre offers an array of massage and cosmetic treatments that take their inspiration from the Alpine environment, starting from the ambience and selection of cosmetic products.

ŠPIK PACKAGES

The Špik caress € 85

- massage with warm pockets of Martuljek herbs (60 min)
- admission to the swimming pool and saunas

Alpine peace € 84

- body scrub with Alpine herbs (25 min)
- anti-stress massage (50 min)
- admission to the saunas

Mountain throb € 86

- massage for recreational athletes (40 min)
- pain-relief wrap with green clay (30 min)
- admission to the saunas (3 hrs)

The Špik embrace for two persons € 125

- massage with warm Alpine flower oil (50 min)
- admission to the saunas

Opening hours: **9.00 – 21.00**

t +386 4 587 75 80
wellness.spik@hit.si

ŠPIK RITUALS

Relaxation ritual € 120

- scrub and body wrap (60 min)
- massage and facial mask (30 min)
- massage with warm Alpine flower oil (50 min)

CLASSIC AND THERAPEUTIC MASSAGE

Massage for recreational athletes with essential oils

40 min € 48

massage of the muscle groups and ligaments, involved in a particular activity, with the aim of stimulating the elimination of waste products, softening muscle rigidity, and pain relief

Lymph drainage

20 min € 32

50 min € 55

manual technique for stimulating the lymphovascular system, recommended especially for swollen hands and legs, detox, strengthening of the immune system and improved skin appearance

Classical Swedish massage

30 min € 35

45 min € 50

60 min € 60

Head, neck and shoulder massage

15 min € 22

Back massage - therapeutic

30 min € 43

Relaxing foot massage

40 min € 44

Aromatherapy for the body

80 min € 75

relaxation, detox, and stimulation with application of essential oils

Deep relaxation massage

60 min € 60

massage with knuckles and aromatherapy oil made from Alpine herbs

Hot stone massage

60 min € 65

the energy from volcanic stones to ease tension, eliminate fatigue, as well as muscle and joint pain

Kneipp massage

30 min € 40

50 min € 61

massage with cold autochthonous rocks from the immediate surrounding of the lakes in combination with warm volcanic stones to improve the functioning of the entire body, as well as circulation, and getting rid of tension

RELAXATION MESSAGES

Anti-stress massage with essential oils for relaxation

50 min € 58

65 min € 67

massage with select essential oil and butter

Massage with warm Alpine flower oil

50 min € 55

Massage with Martuljek herbs

40 min € 50

60 min € 70

the effect of herbs and warm oil on relaxing contracted muscles



BEAUTY TREATMENTS FOR THE WHOLE BODY

The treatments include body scrub and body wrap, as well as a relaxing body and face massage.

Treatment with Špik herbs

100 min € 92

salt scrub with herbs, green clay wrap, body massage with warm pockets of Martuljek herbs

Honey dreams

80 min € 70

nourishing, regenerative body treatment

Wine potion

80 min € 70

anti-age body treatment

Green tea body treatment

80 min € 70

relaxing body treatment

Body scrub

25 min € 25

herbal, coconut or coffee-based, Mediterranean-style, raspberry or marmalade-based

Body wrap

35 min € 35

anti-age, chocolate, anti-cellulite, green algae, honey



GIFT VOUCHERS

Give well-being as a gift. All the treatments from our list can be purchased as gift vouchers.

Body scrub + wrap

60 min 55 €



THERAPEUTIC WRAP AND PEVONIA TREATMENTS

The most powerful skin care ingredients come from the safest source - nature. For more than three decades, Pevonia has been the first choice of the most prestigious wellness centers around the world and one of the most respected lines of skin care cosmetics. Surrender to the power of nature and indulge in unique body treatments in our wellness center with Pevonia products.

Wrap against back pain

40 min € 40

Wrap against back and legs pain

50 min € 45

Dry brushing - antiage treatment

80 min € 80

improves blood circulation, stimulates lymph, improves skin tone, removes dead skin, also works against cellulite

Anti-cellulite coffee treatment

120 min € 95

detoxing, improves skin tone and visibly reduces the appearance of cellulite

PACKAGES AGAINST PAIN

All wraps help with muscle tension, pain and muscle cramps.

Wrap against back pain with therapeutic massage

80 min € 65

Wrap against back and legs pain with massage

90 min € 74



Opening hours:
10.00 – 21.00

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Alpine-Themed Rooms

The rooms themed after the Alpine world are designed so as to offer an extraordinary experience, starting with the open terrace with a view of the Špik Group that invites to indulge the good moments in life. The five Alpine rooms are characterised by five elements:

WATER - body scrub with Alpine herbs

WOOD - oxygen therapy

FIRE - infrared sauna

EARTH - feet self-massage by walking on gravel stones

METAL - sound bath

Private rental for two or more persons

3 hours € 110

Included in the price:

- pampering in five themed rooms,
- rich offer of wellness tea,
- sparkling wine,
- fruit spit,
- bathrobe,
- towel,
- sheet.

Every next person is charged € 30.

Opening hours:
The swimming pools:
9.00 – 21.00
The saunas:
(1. 6. – 30. 9.) **14.00 – 21.00**,
(1. 10. – 31. 5.) **12.00 – 21.00**

On Saturdays the saunas and swimming pools are open until 11pm. Admission until 10pm.

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The World of Water and The World of Saunas

The **World of Water** covers an area of 250 m2 and encompasses a relaxation pool, a massage cascade, massage hydro benches, a swimming pool with counter-stream, and a children's pool with water playground equipment. Its open terrace is the perfect spot to rest, relax and simply enjoy life.

The **World of Saunas** offers a Finnish, herbal, and Turkish sauna daily featuring various programmes. You can cool down in the ice house or the cooling pool, treat yourself to a massage in the massage pool, or simply relax on the comfortable loungers.

PRICE LIST swimming pools

Mondays to Fridays

3-hour admission ticket

adults	€ 13
children	€ 10

All-day admission ticket

adults	€ 16
children	€ 13

Saturdays, Sundays, holidays

3-hour admission ticket

adults	€ 15
children	€ 12

All-day admission ticket

adults	€ 18
children	€ 15

Surcharge: extra hour in the pool € 3
Category children: 4. – 14. years of age



Swim for your health

monthly admission ticket

1.5 hours daily	€ 80
adults	€ 150
children	€ 90

Half-yearly admission ticket

adults	€ 320
children	€ 210

Yearly admission ticket

adults	€ 430
children	€ 330
transferable	€ 570

10 admission tickets

1.5 hours daily	€ 100
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with 3-month validity

Additional offer

towel rental	€ 2
bathrobe rental	€ 5

PRICE LIST saunas

Mondays to Fridays

Up to 3 hours	€ 22
Over 3 hours	€ 26

Saturdays, Sundays, holidays

Up to 3 hours	€ 24
Over 3 hours	€ 28

Extra hour in the sauna: € 4

Monthly	€ 190
Half-yearly	€ 480
Half-yearly transferable	€ 610
Yearly	€ 790
Yearly transferable	€ 850
10 admission tickets	€ 180

with 3-month validity

the admission applies to up to 3 hours on any day of the week

PRICE LIST sauna and swimming pool

All-day admission ticket

Mondays to Fridays	€ 28
Saturdays, Sundays, holidays	€ 30
Monthly	€ 230

Half-yearly	€ 600
Half-yearly transferable	€ 770
Yearly	€ 890
Yearly transferable	€ 1.100



Additional offer – recreation

Gym	
Single entry	€ 10
Monthly	€ 50
Half-yearly	€ 250
Yearly	€ 450

Gym + swim PACKAGE

Single entry	€ 20
Monthly	€ 170
Half-yearly	€ 410
Yearly	€ 720

Gym + swim + sauna PACKAGE

Single entry	€ 35
Monthly	€ 250
Half-yearly	€ 660
Yearly	€ 900
Corporate annual pass transferable	€ 1.300

Hotel guests: **FREE**

Squash

There is a squash court available.

court rental 60 min	€ 10
racket rental	€ 3
ball rental	€ 0,50

Rental of a room

for training, small seminars, team building

60 min	€ 50
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Privileges

Group discount

Groups of CHILDREN (at least 10) aged 4 to 14 have a 20 % discount, whereas their adult supervisors have free admission. 20 % discount on groups of (at least 15) ADULTS.

If you buy at least 4 admission tickets for the swimming pool (family: 2 adults and 2 or more children), you have a 20% discount.

Prior notice is mandatory for groups.
t 04 587 75 80.

Students, pensioners and persons with disabilities

have a 10 % discount on admission tickets (not valid for monthly, half-yearly and yearly tickets), provided that they show an appropriate form of identification. Every Tuesday senior citizens above the age of 60 receive 30% senior discount on tickets for the indoor pool.

All prices include VAT. The price list is valid from 20 November 2023. We reserve the right to change the prices.



Špik
Alpine Resort

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