Beauty Centre

The centre offers an array of massage and cosmetic treatments that take their inspiration from the Alpine environment, starting from the ambience and selection of cosmetic products.

massage with warm pockets of Martuljek

ŠPIK PACKAGES

The Spik caress

herbs (60 min)

•	admission to the swimming pool and
	saunas

€ 85

€ 125

€ 32

€ 55

€ 35

€ 50 € 60

€ 44

€ 60

€ 65

€ 40

€ 58

€ 55

€ 50

€ 92

€ 70

€35

55€

€ 40

€ 45

- Alpine peace €84
- body scrub with Alpine herbs (25 min) anti-stress massage (50 min) admission to the saunas
- Mountain throb €86
- massage for recreational athletes
- (40 min)
- pain-relief wrap with green clay (30 min) admission to the saunas (3 hrs)

The Špik embrace for

two persons

(50 min)

20 min

50 min

30 min

40 min

60 min

and joint pain

30 min

50 min

50 min

50 min

40 min

60 min

BODY

100 min

herbs

80 min

80 min

Honey dreams

Wine potion

Body scrub

marmalade-based

Body scrub + wrap

Body wrap

35 min

60 min

40 min

50 min

120 min

works against cellulite

TREATMENTS

25 min

anti-age body treatment

Green tea body treatment

Kneipp massage

RELAXATION MASSAGES

oils for relaxation

- massage with warm Alpine flower oil (50 min) admission to the saunas
- ŠPIK RITUALS
- Relaxation ritual € 120 scrub and body wrap (60 min) massage and facial mask (30 min)

massage with warm Alpine flower oil

Massage for recreational athletes

CLASSIC AND THERAPEUTIC MASSAGE

with essential oils

involved in a particular activity, with the aim of stimulating the elimination of waste products, softening muscle rigidity, and pain relief

40 min massage of the muscle groups and ligaments,

Lymph drainage

manual technique for stimulating the lymphovascular system, recommended especially for swollen hands and legs, detox, strengthening of the immune system and improved skin appearance

45 min 60 min

Classical Swedish massage

15 min	€ 22
Back massage - therapeutic	
30 min	€ 43

Relaxing foot massage

Aromatherapy for the body

Deep relaxation massage

made from Alpine herbs

Head, neck and shoulder massage

80 min € 75 relaxation, detox, and stimulation with application of essential oils

massage with knuckles and aromatherapy oil

the energy from volcanic stones to ease tension, eliminate fatigue, as well as muscle

Hot stone massage 60 min

combination with warm volcanic stones to improve the functioning of the entire body, as well as circulation, and getting rid of tension

Anti-stress massage with essential

massage with cold autochthonous rocks from the immediate surrounding of the lakes in

65 min € 67 massage with select essential oil and butter Massage with warm Alpine flower oil

Massage with Martuljek herbs

the effect of herbs and warm oil on relaxing

The treatments include body scrub and body

salt scrub with herbs, green clay wrap, body massage with warm pockets of Martuljek

nourishing, regenerative body treatment

BEAUTY TREATMENTS FOR THE WHOLE

wrap, as well as a relaxing body and face massage.

Treatment with Spik herbs

contracted muscles

80 min €70 relaxing body treatment

herbal, coconut or coffee-based, Mediterranean-style, raspberry or

anti-age, chocolate, anti-cellulite, green algae,

The most powerful skin care ingredients come from the safest source - nature. For more than three decades, Pevonia has been the first choice of

wellness center with Pevonia products.

Wrap against back pain

THERAPEUTIC WRAP AND PEVONIA

the most prestigious wellness centers around the world and one of the most respected lines of skin care cosmetics. Surrender to the power of nature and indulge in unique body treatments in our

Dry brushing - antiage treatment improves blood circulation, stimulates lymph,

improves skin tone, removes dead skin, also

detoxing, improves skin tone and visibly

Anti-cellulite coffee treatment

reduces the appearance of cellulite

PACKAGES AGAINST PAIN

muscle cramps.

Wrap against back and legs pain

Wrap against back pain with therapeutic massage

All wraps help with muscle tension, pain and

80 min

€ 65 Wrap against back and legs pain with massage

Opening hours: 9.00 - 21.00 t +386 4 587 75 80 wellness.spik@hit.si

90 min €74 ALPINE RESORT

hit universe of fun